

Year 7

NAME:		
	Form Group:	

SUMMER TERM SUBJECT KNOWLEDGE ORGANISERS

You will definitely enjoy what you've worked hard for—you'll be happy; and things will go well for you

Proverbs 128:2

YEAR 7 - ART

Pop Art / Wayne Thiebaud



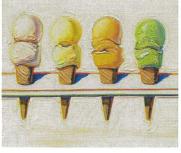
History / Information

Wayne Thiebaud was an American artist known for his colourful paintings of everyday objects like cakes, ice cream, and toys. His art style mixes realism with a playful, cartoon-like feel. Thiebaud used bright colours, bold shadows, and thick brushstrokes to make his subjects look almost good enough to eat. His work is often linked to Pop Art because he focused on common items from daily life. However, he also showed great skill in capturing light, shape, and texture, making his simple subjects look special and full of life. Thiebaud's style is both fun and thoughtful, appealing to many people.

Key Words

- 1. Pop Art An art movement that emerged in the 1950s, characterised by themes and techniques drawn from popular mass culture. Thiebaud is often associated with this movement due to his subject matter and bold colours.
- 2. Still Life A genre of art that depicts inanimate objects. Thiebaud became famous for his still-life paintings of cakes, pies, and sweets.
- 3. Impasto A painting technique where paint is laid on thickly, creating a textured surface. Thiebaud frequently used this to give his work a sculptural, almost edible quality.
- 4. Vibrant Colour Thiebaud's use of bright, often exaggerated colours helped bring a playful, eye-catching quality to his work.
- **5. Repetition** The repeated depiction of objects (like rows of gumballs or cakes) is a hallmark of Thiebaud's work, adding rhythm and visual interest.

Wayne Thiebaud - Artwork











Wayne Thiebaud Characteristics

- **1.** Bold Colour Palette Thiebaud used strong, vivid colours to make everyday objects like cakes and sweets visually striking and joyful.
- 2. Heavy Outlines Objects in his paintings are often outlined with dark or coloured lines, giving them a graphic, almost cartoon-like quality.
- 3. Exaggerated Shadows He painted long, dramatic shadows that add depth and contrast. making simple objects appear more sculptural and stylised.
- 4. Textured Surfaces (Impasto) Thiebaud applied thick layers of paint, especially in frosting or food items, to create a tactile, almost edible texture.
- **5.** Repetition of Forms He frequently painted multiple versions of the same object (e.g. rows of pies or lipsticks), creating rhythm and pattern.
- **6.** Simplified Forms His work features clean, simple shapes that strip objects down to their essential forms, enhancing clarity and impact.
- 7. Playful Perspective Thiebaud sometimes used distorted or elevated viewpoints, especially in his later cityscape paintings, to create visual interest.
- 8. Focus on Everyday Objects He celebrated ordinary, often overlooked items (like pastries. gumball machines, or deli counters), turning them into art with care and charm.





fear 7 Computing- Unit 3 Scratch

Keyword	Definition
Algorithm	A set of rules followed in order, to complete a task accurately
Variable	A storage location in a computer system
Sequence	The order that the code is completed
Selection	Programming the code to choose the next instruction depending on the data — IF and ELIF
Iteration	Programming the code to repeat lines depending on the data – FOR and WHILE
Operators	Symbols used to represent actions (= $>$ <+ - * /)
List	A storage location for more than one piece of data



What do you think?

Why should you test your code?

What if a used types in an answer that the system isn't expecting? E.g age eight instead of age 8

What is the difference between a list and a variable?







blocks together. You must make sure the order of events is correct when building sequences.

What will the sequence below do to the sprite?



Variables
A variable is used to store data for use in your program.

Variables can be used to store lots of different types of data such as names, numbers and scores.

They can add, subtract, multiply and divide data

Operators are used for changing or comparing data.

Operators



The data stored in a variable can be changed or "varied" depending on certain conditions within a program.



They can also check if values are less than, greater than, or equal to other values.

Loops
Loops are used as a way of repeating instructions.
Also known as iteration.



Repeats are Repeats are Repeats are Repeats are remained instruction number of times.

IF Statements

IF statements can be used to select different scripts of a program depending on a condition.

Also known as selection.



Y7 Construction Knowledge Organiser

Postcard questions!

- What is the difference between all 3 stop buttons around the room?
- What tool is for cutting curves and which for straight lines?
- What is the brown circle sometimes seen on wood?





Hardwood V Softwood! Scan the QR code to revise some information -



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Marking and measuring

Cutting Skills (Coping or Tenon Saw)

Drilling with the Pillar/Bench Drill

Using the Chisel and Mallet for your joint

Safety in the workshop

Adding the border to the picture frame

Theory work & drawing in 1 point perspective

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line types:	
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Year 7 - The Terrible Fate of Humpty Dumpty

	Keywords	Plot Overview
Crosscutting	Cutting forward or back in time in a plot or to a different scene.	The play opens with the fatal
Split stage	One stage that cuts between two different scenes and locations.	tragedy — Terry is forced to climb a pylon by a cruel gang of bullies. He is electrocuted. The
Status	Positioning characters in different levels to show the audience their power.	gang cover up their part in his death. The play CROSSCUTS
Proxemics	Positioning characters close or far apart to show their alliances or enemies on stage and relationships.	back in time to reveal to the audience the weeks before —
Stage directions	The words given by the playwright in a script you don't act out- to do with how the play should be performed.	revealing the systematic bullying and struggles of Terry.
Reactions	Using acting skills to show how you feel about the other characters or the scene action.	The play ends as its starts with Terry's death. Leaving us in the
Thought track	Stepping out of the scene in role to confide in the audience about your inner thoughts while the other cast members freeze.	audience to decide whose fault, was it?

		Characters		
Terry	Pete	Kathy and Kay	Sammy	Mr Dumpton
Victim of bullying – new	The joker in the	The 'mean girls' of the	Terry's only friend and the	He has served time in jail,
to school – doesn't	gang and makes	group. They tease Terry	only character to try and	unemployed and
stand up for himself.	distasteful jokes	and bully him cruelly.	stand up for Terry. Sammy	potentially depressed. Is
Father out of work and	even after the	Kathy talks down to the	is full of guilt for not doing	angry at Terry for truancy
we find out he has been	accident.	other gang members.	more to avoid the tragedy.	but does get truth about
in prison. Mum is			They try to convince Terry	bullying out of his son.
breadwinner			to stand up to Stubbs	
Stubbs	Jimmy	Janet and Tracy	Mrs Vickers	Leslie Dumpton
Gang leader, intelligent,	Stubbs uses	The girls hang around	An eyewitness to the	She is an annoying
has the highest status in	Jimmy to threaten	with the gang, but they	accident who proves to be	younger sibling of Terry
the gang and makes	Sammy and Terry	aren't strong enough to	a vain and self-serving	who seems to enjoy
cover story for the	with violence.	stand up to Stubbs, so	woman-interested	teasing him and even
accident. Uses the gang	Jimmy is under	they go along with the	more in her moment of	torments him about his
members to 'do his dirty	Stubbs' power.	bullying as bystanders,	fame than the tragedy. Can	cruel nickname 'Humpty
work'.		making them just as at	be played with comic relief.	Dumpty' at home.
		fault		1

What do you think?

The play the play was set in the 1980s initially. This means there was no CCTV – (how does this affect the plot?

There were adverts on television warning the public of the dangers of being near pylons.

The play was loosely based on a true accident.

If set in present day – how may life have been different For Terry? Positive and negatives?

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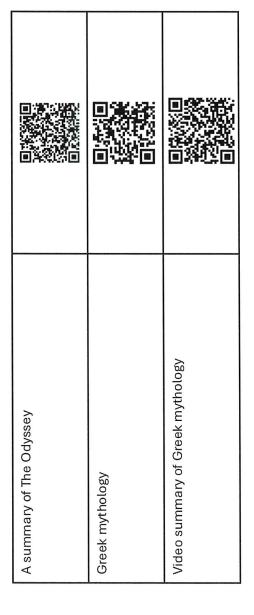
English Year 7 Knowledge Organiser - The Odyssey

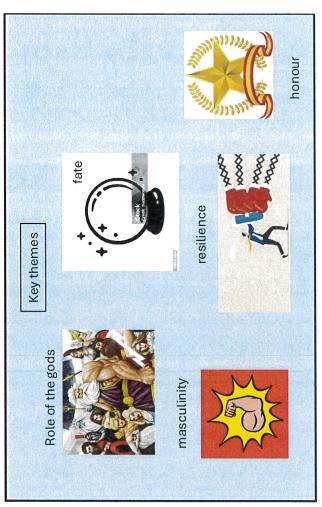
Key words		Unit Ov
Supernatural	C B	The Ody
Prophecy		characte In this u
Subvert		mytholo
Manipulate	Constitution of the second	
Regicide		

Unit Overview

yssey is an epic poem and is one of the oldest pieces if writing in literature. The story follows the unit, we look at the idea of what it means to be a hero through the different characters in Greek er of Odysseus on his 10-year journey home after the Trojan war.

How do tales of Greek mythology fit into our modern world? Why are tales of heroes and villains so popular? What does it mean to be a hero? What do you think?









KEYWORDS

<u>Hydration</u> – The process of replacing water in the body.

Eatwell guide -A healthy eating model showing the types and proportions of foods needed in the diet.

<u>Hazard</u> – A danger or a risk

Enzymic browning – the reaction that takes place in some foods (apples) when oxygen is present causing the food to turn brown.

<u>Modified</u> – adapted or changed to improve.

<u>Cross Contamination</u>- The transfer of bacteria from one food to another, from humans, animals' other food or equipment.

<u>Heat Transfer</u> – The way heat moves from one area to another through conduction, convection and radiation.



CLEANING

Cleaning kills bacteria

- Wash hands before, during and after food preparation
- preparation

 Wash all worktops, utensils, chopping boards and equipment
- Rinse unwashed salad, fruit and vegetables

COOKING

Cooking kills bacteria
Food needs to be heated till
steaming hot with the core
temperature reaching

- 60 degrees Celsius for 45 minutes
- 65 degrees Celsius for 10 mins
- 70 degrees Celsius for 2 minutes
- 75 degrees Celsius for 30 seconds
- 80 degrees Celsius for 6 seconds

CHILLING

Chilling prevents microbial growth.

- Cool food to below 5 degrees Celsius as quickly as possible and defrost food in the fridge
- Fridge == 0 degrees == 5 degrees
 Freezer = 15 degrees

or below CROSS CONTAMINATION

Bacteria are transferred from one object to another

- Keep raw and cooked food separate
- Never was raw meat
 Keep raw meat and shellfish on the bottom shelf of the fridge

Support



QR CODE – Eatwell Guide



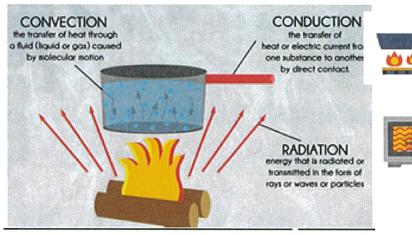
QR CODE - Healthy Eating – modifications video



QR CODE - Health and Safety / cross contamination







QR CODE: Methods of Heat transfer video/website

WHAT DO YOU THINK?

Why is Food hygiene and safety important in Food Technology? What can poor standards lead to?

What elements make up a healthy diet? Why is this important?

What are the different methods of heat transfer? Can you identify which ones you have used in food technology?

Africa

Africa is not a country. It is one of the worlds continents. It contains 54 countries many have their own language and Culture.

Africa is the second largest continent in Africa has a population of 1.3 billion both area and population. people.

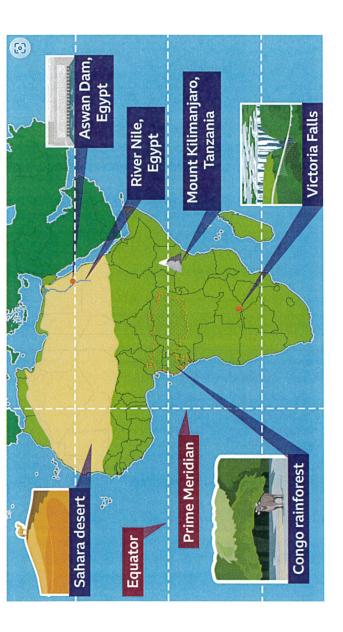


Africa has a young population, over half are under 20 years old.

60% of African's depend on farming for a living.

There are hundreds of different ethnic

groups- many have their own traditions.



Africa is surrounded by the Indian Ocean in the east, the South Atlantic Ocean in the south-west and the North Atlantic Ocean in the north-west.

Algeria is the largest country by area in Africa and Nigeria is the largest country by population.

of the major lines of latitude: the Tropic of Cancer, the Equator and the Tropic Africa is in the Northern and Southern Hemispheres. It is spread across three

of Capricorn. The north of Africa shares a boundary with Asia.



Facts about Africa for Kids | Learn about the continent of Africa and African countries and animals

Click on the link to watch the video all about Africa.





History – Year 7

How did Religion cause tension in the Middle Ages?

Timeline

Henry II becomes King 1154



Thomas Becket is murdered 29 December 1170



Date of First Crusade 1096



Date of Second Crusade 1147-1150



Date of Third Crusade 1189-1192

Key Terms:

Episcopal - means the governing order of Bishops/clergy in the Church hierarchical structure. Doom Paintings —

State -

Crusades – A series of religious wars between Christians and Muslims started to secure control of holy sites they both consider sacred Papal Bulle – an official document signed by the Pope.

Jihad – a holy war waged by Muslims against those who reject the Muslims' teachings – it means a struggle.

State -

Divine Right of Monarchs – Excommunication -Officially exclude someone from the Church. Outremer - The Crusader states- Four Catholic realms

in the Middle East that lasted from 1098-1291. Pilgrimage – a journey of religious meaning.

Excommunication - Officially exclude someone from

The Story: In Medieval times the Church was very influential. It held the power to enable people to go to Heaven. Peasants had to pay a tithe of 10% to the Church. The Church used Doom Paintings to show the horrors of Hell and keep people in it's control. The Church ran hospitals and provided charity in times of need. It crowned the King as it was believed that Monarchs had 'Divine Right' at this time.

There were tensions however, between Crown and State and this was shown most visably in the case of Thomas Beckett's murder and the relationship between Becket and King Henry II.

Jerusalem was the centre of the 'Holy Land' it was an important place of Pilgrimage for Christians, Muslims and Jews. In 1071 the Seljuk Turks took over Jerusalem and began treating Christians badly. This led to Pope Urban II imploring European Christians to go on Crusades (Holy Wars) to rescue the Christians in the Holy Land. The Pope promised people that if they went on Crusade their sins would be **The Key Individuals** .d go to Heaven.

Henry II (1154-1189)

Thomas Becket (1118-1170) Pope Urban II (1035-1099)

King Richard I (Lionheart) (1189-<u>1199</u>)

Saladin (died 1193)





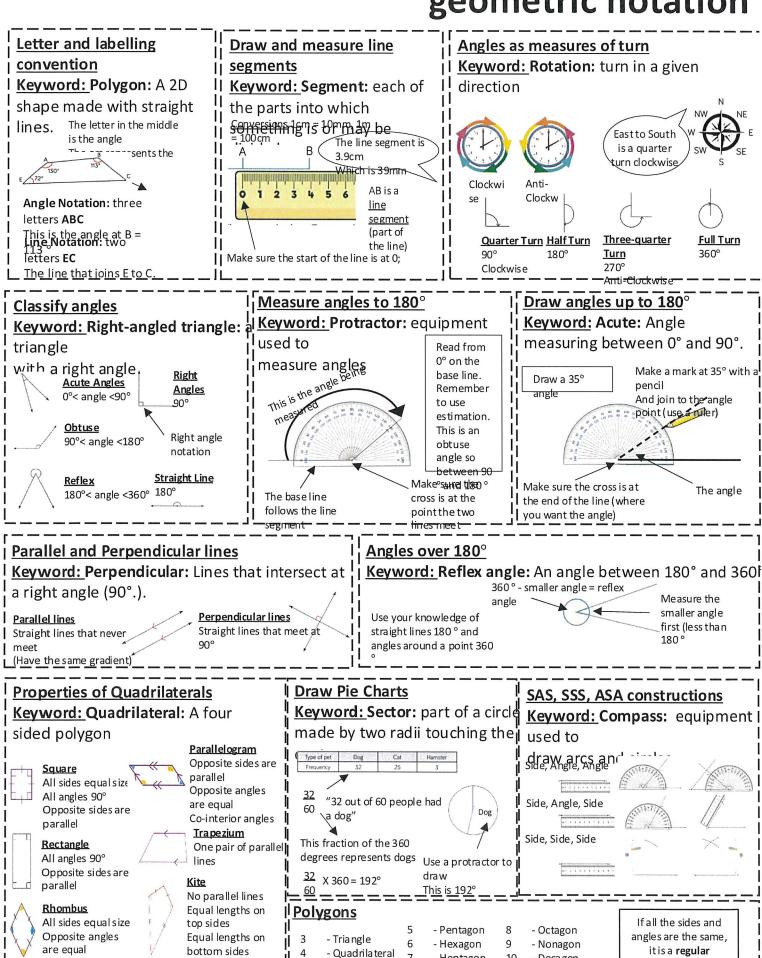






Year 7 – lines and angles

Constructing, measuring and using geometric notation



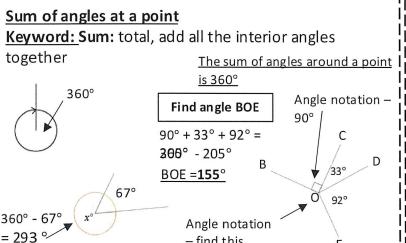
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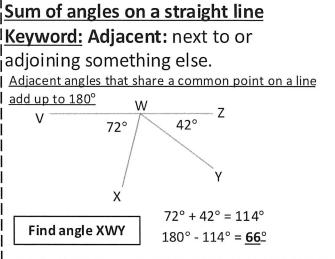
One pair of equal

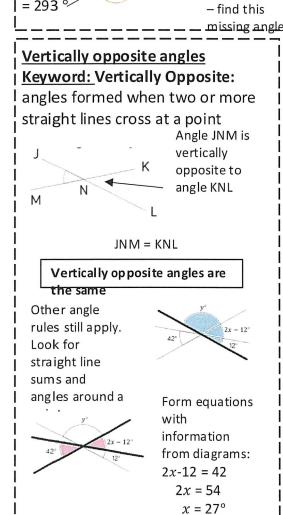
- Decagon

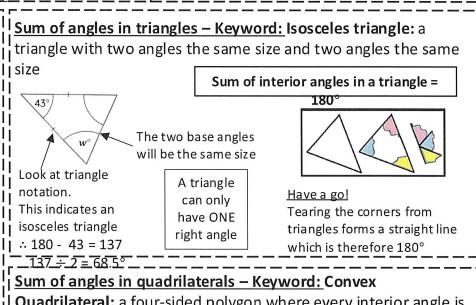
Year 7 – lines and angles

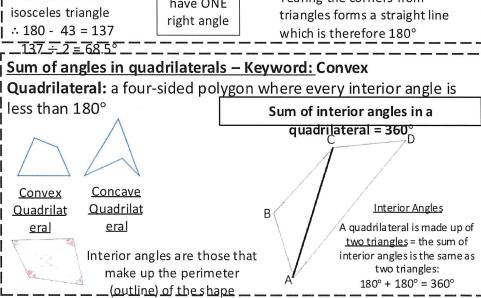
Geometric reasoning



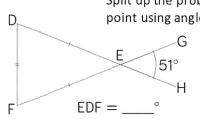








<u>Angle Problems – Keyword:</u> Interior Angles: angles inside the shape



Split up the problem into chunks and explain your reasoning at each point using angle notation

Keep working out clear

1. Angle DEF = 51° because it is a vertically opposite angle DEF = GEH

2. Triangle DEF is isosceles (triangle notation) ∴ EDF = EFD and the sum of

GEH 2. Triangle DEF is isosceles (triangle notation) \therefore EDF = EFD and the sum of interior angles is 180°

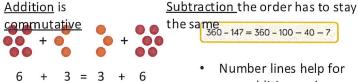
3. Angle EDF = 129° .

 $129^{\circ} \div 2 = 64.5^{\circ}$

Year 7 – reasoning with number Developing number sense

Mental methods for addition/ subtraction

Keyword: Commutative: changing the order of the operations does not change the result



The order of addition

does not change the

result

the same 360 - 147 = 360 - 100 - 40 - 7

Number lines help for addition and subtraction

Working in 10's first aids mental addition/

Keyword: Associative: when you add or multiply you can do so regardless of how the numbers are

Mental methods for multiplication/ division



Partitioning can help m24ltipBieationx 6 + 4 x 6 = 120 + 24= 144

 $2 \times 4 = 4 \times 2$

The order of multiplication does not change Division is not

Chunking the division can help

"How many 25's in 100" then how many chunks of that in 4000.

Mental methods for decimals

Keyword: Dividend: the number being divided

Multiplying by a decimal <1 will make the ometrabus for small bilication

1.21x ×03036

 $1.2 \times 3 = 3.6$ $1.2 \times 0.3 = 0.36$ $1.2 \times 0.03 = 0.036$

 $12 \times 3 = 36$ ÷10 ÷100 ÷1000 $1.2 \times 0.03 = 0.036$

Methods for division 1.5 + A44 tiply by powers of 10

10

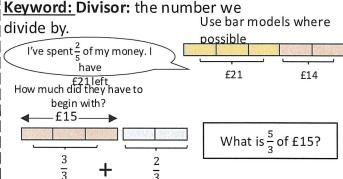
e.g x $0.1 = \div$

1.5 ÷ 0.05 x100 × x100

until the divisor becomes an

Mental methods for fractions

Keyword: Divisor: the number we



Algebraic facts

Keyword: Equation: a

two things are equal

mathematical statement that

2 + 2 = 40.3 + 0.4 = 0.74 + 0.7 = 4.7

Methods for addition

 $150 \div 5 = 30$

Using factors to simplify calculations - Keyword: Expression: a maths sentence with a minimum of two

numbers and at least one math operation (no equals sign

10 x 3 x 4 x 4

2 x 5 x 3 x 2 x 2 x 2 x 2

10 x 3 x 2 x 8 16 x 10 x 3

Multiplication is commutative Factors can be multiplied in any order

Estimation

Keyword: Significant figure -

30 x 16

The number of digits that are meaningful.

Estimations are useful – especially when using fractions and decimals to check if

your solution is possible. Most estimations round to 1 significant figure

Estimations are useful – especially when using fractions and decimals to check if your solution is possible.

210 + 899 < 1200

This is true because even if both numbers were rounded up, they would reach 300 + 900.

The correct estimation would be

200 + 900 = 1100

Number facts

Keyword: Quotient: the result of a division

Use $124 \times 5 = 620$

> For multiplication, each value that is multiplied or divided by powers of 10 needs to happen to the result

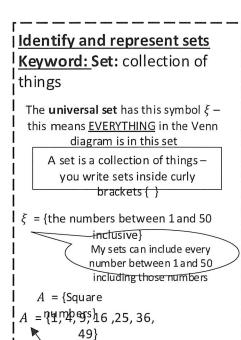
> > 620÷ 12.4 = 50

For division you must consider the impact of the divisor becoming smaller or bigger. Smaller - the answer will be bigger (It is being shared into less

parts)

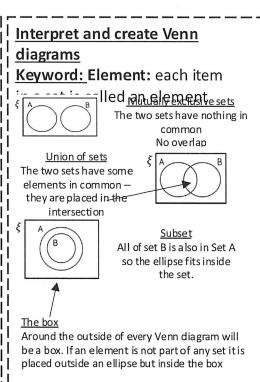
2a + 2b = 10Everything x 2 0.1a + 0.1b = 0.5Everything ÷ 10 a + b = 5The Add 2 to the un kn own a + b + 2 = 7quantity isn't changing but the variables change

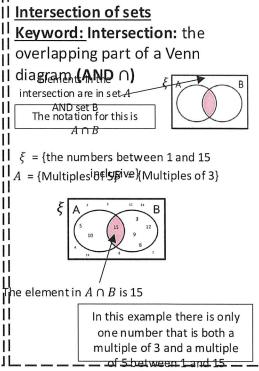
Year 7 – reasoning with number Sets and probability

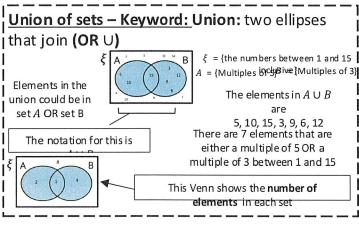


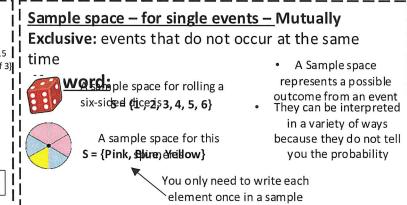
All the numbers in set A are

square number and between 1







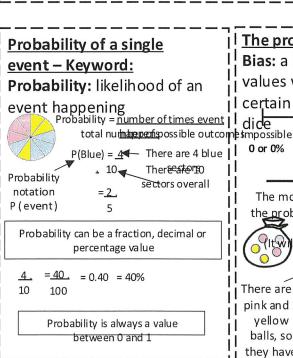


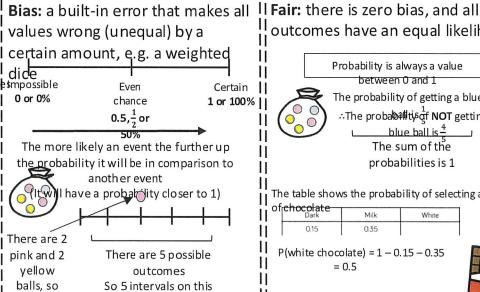
space diagram

= 0.5

11

11





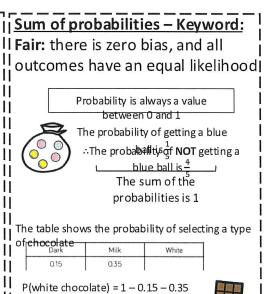
they have

the same

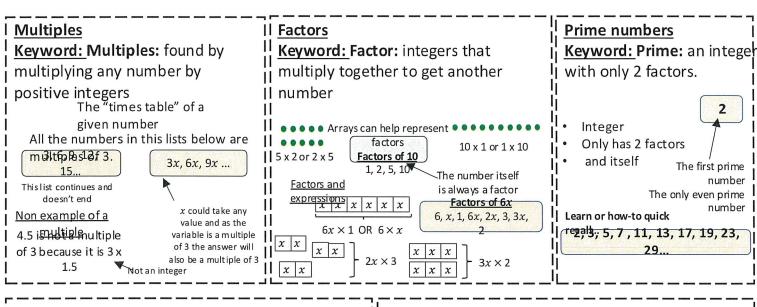
scale, each interval value

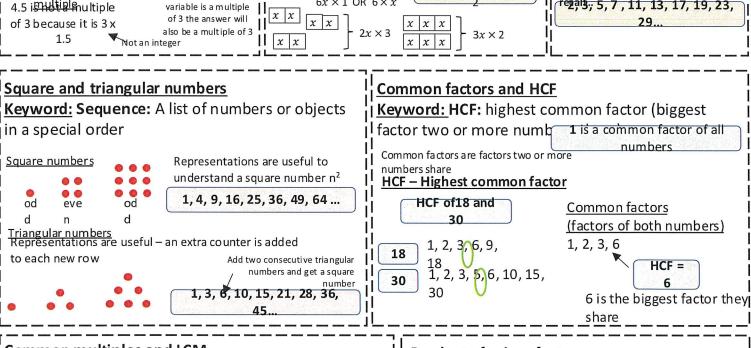
is $\frac{1}{5}$

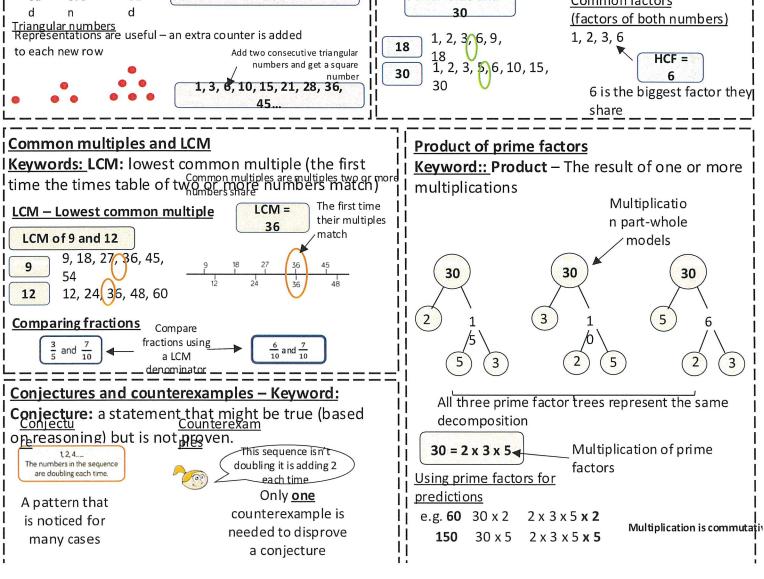
The probability scale – Keyword:



Year 7 — reasoning with number Prime numbers and Proof



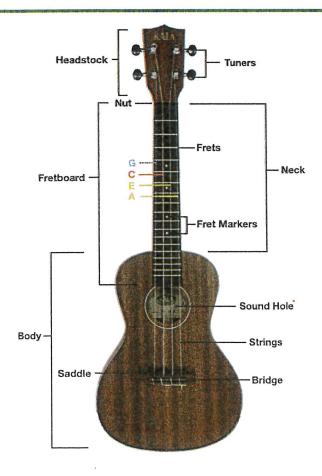




Music

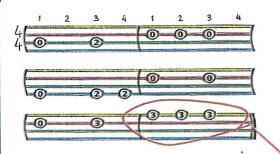
Key Words

- Chord more than one note played at the same time
- Primary chords chords from a given key that are major (I, IV and V)
- Secondary chords chords from a given key that are minor (ii, iii, vi)
- Major chords or keys that sound happy
- Minor chords or keys that sound sad
- Chord sequence multiple chords played in a sequence/pattern
- Harmony the combination of notes being played simultaneously
- **Strum patterns** the pattern used to strum strings
- Four Chord Trick the most common chord sequence in popular music made up of chords I – IV – vi - V

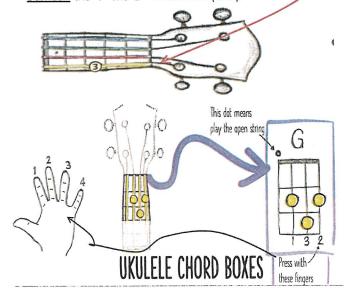


4 CHORD TRICK KNOWLEDGE ORGANISER Count 1 2 3 4 1 2 3 4

This double line indicates the end of the piece



The number on the line tells you where you need to press down on that string. Remember to press down <u>between</u> the two meal bars (frets) not on them. So if the number says 2 you would press down firmly on that string between the 1st and 2nd metal bars (frets).





PE Knowledge Organiser- Athletics





Sprints

When sprinting drive knees high, keep eyes close to the body and move them hip lip. Look forwards with chest up and shoulders relaxed. When finishing dip forwards slightly as you cross the line.





Long Distance

Remember to breathe in through your nose and out through your mouth. Run in a fashion, with shoulders relaxed, taking nice long strides to cover more Build up distances to try and run continuously.





Long Jump

Measure run up-start with auminiant foot on the board, run 7, 9 or 11 steps at a sprint. Take off-plant foot on (but not over the board), eyes up, hips up and focus on driving up into the air. Flight-stretch both legs forwards and reach towards your feet with hands. Landing- aim to land feet together, and body forwards/sideways (not backwards).





High Jump

Run up- a curved run up which brings you sideways to the mat. This should be a sprint. Take off- drive knee closest to the mat up high. Lift hips, lean back, and flick heels into the air as you go over the bar. Landing- land on your back, lifting feet into the air to avoid hitting the bar.





TANK TIT

Shot Putt

Sideways stance with weight on back leg- toe, knee and chin all in alignment. Shot held in fingers, not touching palm, and pushed into neck with elbow raised. Transfer weight from back leg to front, twisting torso. Push shot up and out at a 45-degree angle.







Discus

Sideways stance with weight in the back leg, discuss held with very ends of fingertips. Non discus hand outstretched at 45-degree angle. Swing discus (palm towards the ground) up to reach non discus hand several times. As discus reaches 45-degree angle straight back leg. After 3-4 wind up swings release the discus forwards off your index finger.





PE Knowledge Organiser- Cricket

KEYWORDS

Bat- a flat, wooden piece of equipment used by the batter to strike the ball and attempt the score runs.

Wicket- consists of three stumps and two bails. It is a target for the bowler to hit and the batter must protect. Knocking this off means the batter is out.

Bowler- the player delivering the ball with the aim of trying to get the batter out.

Run- the main way of scoring in cricket. Runs are made by two batters running between the wickets after hitting the hall

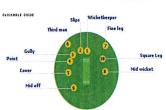
Over- a set of six legal deliveries bowled by one bowler. After one over, a different bowler takes over from the opposite end of the pitch.











Rules of Play

- Cricket is played between two teams each made up of eleven players.
- Games comprise of at least one innings wh ere each team will take turns in batting and fielding.
- The fielding team will try to get the batsmen out by trying to hit the wicket with the ball when bowling, catching a shot from the batter, hitting the batsman's leg in front of the wicket or hitting the wicket before the batter gets to the wicket.
- The batmen try to score as many runs as p ossible before getting out by
- Each time you run one full length of the pitch it equals 1 run. Hitting the ball to the boundary along the ground is 4 runs. Hitting the ball over the boundary on the full equals 6 runs. The fielding team must get 10 batsmen out before they can change over and start batting.
- The aim of the game is to score as many r uns as possible before the fielding team t akes 10 wickets. The team with the most r uns wins

Bowling



- Place your thumb and index finger on the seam of the ball, on opposite sides of the ball. Place your middle finger on the other edge of the seam near your index finger.
- Carry the call close to your chin. Coil your body then lean back, drop your elbow as
 you plant your leading leg. Straighten your elbow and your arm then shift your
 weight to the lead leg.
- Thrust your bowling arm forward and rotate your arm past your ear, snapping your wrist to release the ball.

Batting



- . Stand side on the bowler, feet should width apart with knees slightly bent. Hold the bat with both hands close together on the handle, maintaining a firm but relaxed grip.
- 2. As the bowler approaches, the bat should be close to the body. Move the front foot towards the ball, keeping the back leg straight and foot planted.
- 3. Make sure your head and eyes are aligned with the ball throughout the swing. The bat should be angled so the face is towards the ground. When swinging, keep the elbows bent and locked. Follow through and strike the ball by swinging in a straight line.

Wicket keeping



To be an effective wicket keeper, the sportsperson needs to master catching and stumping techniques (presenting their hands in a way which maximises catching, quick reaction time to the batsman's movement), develop proper footwork and body positioning (crouched position, ready to move quickly whilst maintaining stability behind the stumps), and practice clear and effective communication with the bowler (allows for coordinating strategies and making necessary adjustments).

Overarm throw



Step One

Stand shoulder width apart, sideways to the target with the throwing arm taken back behind the head at a 90-degree angle. Point the non-throwing arm at the target.

Step Two

Transfer weight from back foot to the front foot by rotating hips and torso towards target. Pull throwing arm towards the target, leading with the elbow. Release the ball in front of head. Follow through with your throwing arm pointing toward the target.



Where would be best to hit the ball to outwit my opponents? Why would I want to use different bowls when bowling? Why is spacing so important to consider when fielding?



PE Knowledge Organiser- Tennis

KEYWORDS

Backhand- a stroke in which the ball is struck on the opposite side of the body to the racquet hand.

Drop shot- a gentle shot that just lands over the net.

Forehand- a shot hit from the racket arm side of the body.

Serve- the shot that begins each point, in which the server hits the ball after tossing it into the air. The serve must go diagonally across the court and bounce in the serving box.

Rally- a long series of shots.

Grip- how to hold the racket in tennis that is hit in a high arc, usually over the opponent's head.







Scoring

A player or team has to win four points to win a game. Any game starts at 0-0 and the zero point in tennis is called love. The progression of points occurs as follows:

First point - 15
Second point - 30
Third point - 40
Fourth point - Game

However, if both players win three points each in a game (i.e score is 40-40), then it's called a deuce.

After deuce, the player who wins the next point has advantage. If the player/team who has advantage wins the next point, then they win the game.

However, if the opposing player wins the next point after advantage, then the score moves back to deuce. A player/team needs to win two consecutive points after deuce to win a game.

Serving



1. Face sideways at an angle to the baseline. Fully extend the elbow down so the racket is pointing to the floor and fully extend the other elbow downwards and hold the ball in the palm of your hand facing up.

- 2. Separate the arms, extending the right elbow backwards and left elbow upwards whilst transferring body weight from front to back foot.
- 3. The left arm throws up the ball and arm stay straight with the ball slightly in front of you.

 4. When the ball reaches the highest point, accelerate the racket head at the ball in a throwing action, strike the ball as the elbow is fully extended and aim the racket downwards.

Forehand

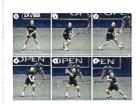


Step One- stand on the balls of feet with the knees slightly bent whilst facing sideways with shoulder and arm pointing towards opponent. The racket arm should be at a 45-degree angle with the face of the racket at head height.

Step two- transfer body weight from back to front foot and rotate the body quickly to face forwards. The racket head lowers and the forward swing travels from low to high, aiming to hit the ball at its highest point.

Step three- contact ball around waist height, beginning to rotate the racket at impact then follow through with the racket.

Backhand



The weaker hand should be on the top of the racket handle whilst racket is at waist height. Hands and trunk should turn to the side, so the shoulder of right arm is pointing to the ball. The right elbow should be fully extended whilst you transfer body weight from front to back fact.

The body should rotate quickly facing forward, transferring weight from back to front foot and the racket head should lower as accelerating forward. The swing should be low to high aiming to hit the ball at its highest point.

Make contact with the ball at around waist height and begin rotating the racket at impact. The racket should follow through to finish at the right shoulder.

Ready Position



Both hands start on the racket. Feet should be shoulder width apart with head forwards into the court. The knees should be slightly bent so centre of gravity is lowered. When the opponent hits the ball, go onto toes for extra spring in legs. Always return to the centre of the court when striking the ball.

Breakdown of

Tennis

Ciniis

Rules

SCAN ME

Where would be best to hit the ball to outwit my opponents?

Why is it important to go back to the middle of the court when hitting the ball?

What happens during a serve if the ball hits the net but goes over, landing in the service e box?



PE Knowledge Organiser- Rounders

KEYWORDS

Underarm- technique of throw when you are bowling to the batter.

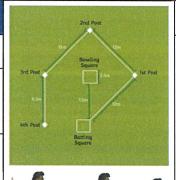
Batting-the player trying to score rounders for their team. They do this by hitting a bowled ball and running around the bases without stopping.

Overarm Short- A throw that is used between the bases. This is when the fielding team are trying to get a player out by stumping the base.

Overarm Long- A throw that is from the field to someone at a post or the bowler. It is travelling a further distance than overarm short.

Long Barrier- a technique to control a rounders ball that is travelling along the ground.

No Ball- the ball has been bowled above the batter's head, below the knee, wrong side of the body, too wide or too close to the body.





Rules of Play

- 1. You must start in the batting box and not step out of it.
- You only get 1 ball bowled at you, after which you must run whether you hit it or not.
- You must keep in contact with a post once you have decided to stop running.
- 4. A no ball means you get another attempt at hitting the ball.
- 5. You must run around the outside of the post to the last post where you must hit the stump to get all the way round.
- If you get to the second post you score half, if you get all the way past the fourth post, you get a full rounder.

Batting



- Stand sideways on to the bowlder with the bat up and behind you. The arm will be on a 90-degree angle.
- · Step in with the opposite leg.
- Swing through with the hips and follow through with the bat to contact the ball.
- Move body and arm position to hit the ball in a different direction but always in front of you.
- DO NOT DROP THE BAT, unless the umpire shouts no ball you must run.

Underarm Throw



Hand ball in dominant hand, step forward with the opposite leg, swing arm and release the ball before shoulder height. The ball must reach the batter between their knee and head. Aim for the backstop's hands.

Types of bowls- straight bowl, donkey drop, spin bowl

Long Barrier



STEP ONE:

Approach the ball at speed and as you get into line with the ball, twist your upper body, leading with the shoulder furthest from the ball.

STEP TWO:

Bend both knees, so that the knee of the leg nearest to the ball touches the group, but it is also next to the back of the heel of the other leg.

STEP THREE:

With fingers down and head forward, pick up the ball and then stand back up ready to deliver an overarm throw.

Catchina



- You can get someone out by catching their hit or by stumping them at a post after catching the ball.
- Get into position under the ball, hands in a cup shape. Bring the ball closer to the body to ensure it is not dropped.

Breakdown

of

Rounders

Rules

SCAN ME

Where would be best to hit the ball to outwit my opponents? Why would I want to use different bowls when bowling? Do I have to run on the inside of outside of the posts when batting?

Year 7: Buddhism

Knowledge Organiser



Keywords:

10000	Keyword	Definition
T	Siddhartha Gautama	Prince who became the Buddha
	Meditation	Focusing your mind for a period of time
	Suffering	Going through pain
	Dissatisfac- tion	Not being happy with life
2	Self-Denial	Going without some- thing you crave
1-40	Temple	Place of worship
	Nirvana	State reached after enlightenment
	Prince	Person of royal blood
5	Renunciation	Rejecting something
	The Middle Way	Teaching of the Buddha
SOMITENTIMENT	Contentment	A state of happiness
1	The Buddha	Founder of Buddhism
(· ·)	Symbol	Image that represents something
	Truth	Facts or beliefs be- lieved to be true
	Reincarnation	Being born again
	Enlightenment	Finding the answers to life
	Lotus	Type of flower
	Attachment	Being attached to something in particular
The Naste Englished Falls Regist Vector and the second sec	Eightfold Path	Buddhist teaching
	Mindfulness	State of being con- scious or aware of
The state of the s		- Si

Key Concepts:

The Noble Eightfold Path

The life of the Buddha:

- Siddhartha Gautama was an Indian prince. He was born about 560 years before the time of Jesus.
- When he was born a wise man prophesied that if he ever saw suffering he would become a religious leader instead of a king. His father decided that he must never see suffering so he said that Siddhartha must never go outside the royal palace and its grounds.
- Eventually Siddhartha became bored and wanted to know more of the world. One day, he sneaked out of the palace while his father was not looking. While he was outside he saw four things that surprised and worried him. He thought about those things for a long

Right Mindfulness control your thoughts control your thoughts Right Concentration practice meditation Right Effort Right Hetion say nothing that hurts others Right Effort Right Livetihood

Enlightenment and Meditation

Respect life

- Buddhism is a tradition that focuses on personal spiritual development. Buddhists strive for a deep insight into the true nature of life and do not worship gods or deities.
 - Buddhism is different from many other faiths because it is not centred on the relationship between humanity and God.
 - Buddhists do not believe in a personal creator God.

He spoke to the man who told him that he had left his home,

He saw a holy man. He had never seen a holy man before.

never heard of anyone dying.

his friends and his family and was wandering from place to

place trying to find the meaning of life.

He saw a sick man. He had never seen anyone unwell before. He saw a dead body and relatives weeping around it. He had

He saw an old man. He had never seen an old person before.

The four things that Siddhartha saw

Enlightenment and Nirvana:

- Buddhist believe that there is a cycle of birth, life and death and rebirth. This goes on and on.
- They believe that unless someone gains Enlightenment, when they die they will be reborn. If a person can gain Enlightenment, they can break out of this cycle.
- Breaking out of the cycle is called Nirvana (sometimes called Nibbana). It is the end of everything that is not perfect. It is perfect peace, free of suffering.

Magga: In order to end suffering, you must follow the Eight-

fold Path.

Samudaya: There is a cause for suffering.

Dukkha: Suffering exists:

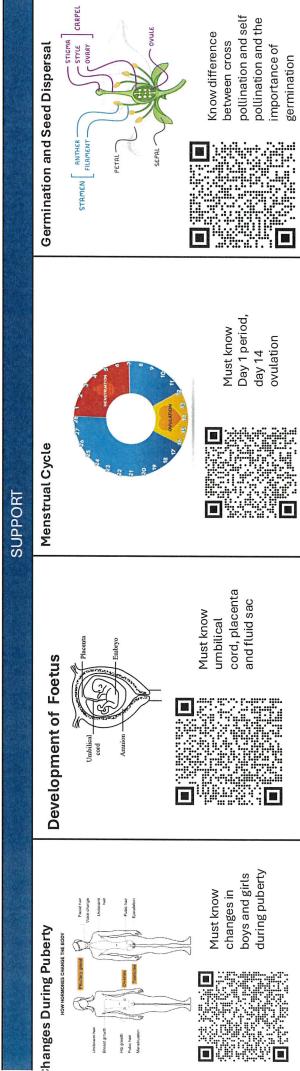
The four noble truths:

Nirodha: There is an end to suffering.

The fourth truth is that the Noble 8-fold Path is the path

which leads to the end of suffering.

EYWORDS		ST.ANNE'S	UNITOVERVIEW
DOLESCENCE – The period of time when a child hanges into an adult	OVULATION – The release of an egg from the ovary	Male & Female Reproductive Organs	Science Year 7 – Reproduction Knowledge Understanding Equipped
ERTILISATION – When the nucleus of a sperm sins with a nucleus of an egg	PLACENTA – Organ where substances pass from mothers' blood to foetus blood. Acts as a barrier and can stop some harmful substances passing	renty representation of the second	In this unit you will learn: physical and emotional changes of reproductive organs.
AMETES – Reproductive (sex) cells. Male is oerm. Female is egg.	PUBERTY – The physical changes that take place during adolescence		 Fertilises Development of a baby. Kerbood! Plant reproduction
IENSTRUAL CYCLE – Monthly cycle where the terus builds up and then breaks down if egg is not artilised	SEED DISPERSAL – movement of seeds away from the parent plant		 Pollination & germination. different methods of plants seed dispersal



What are the advantages of plant

Describe the stages of the menstrual cycle.

What is the role of the Umbilical

What are the changes to boys during puberty?

What are the changes to girls

during puberty?

cord?

WHAT DO YOU THINK?

cross pollinating?

EWORDS		ST.ANNE'S	UNIT OVERVIEW
HROMATOGRAPHY – Technique to separate lixtures of liquids that are soluble in the same olvent	MIXTURE – A substance where the components are not all chemically bonded	REVOLUNTARY ACADEMY Separation techniques	Science Year 7 – Separation techniques Knowledge Understanding Equipped
OMPOUND – A molecule of different types of toms chemically bonded together	PURE SUBSTANCE - A substance is pure if it has no other substance mixed with it (e.g O_2 or CO_2)		In this unit you will learn: Pure and impure
VAPORATION – Process of a liquid turning to a	SOLVENT – The liquid in which a solid or gas dissolves		Mixtures Vs Compounds Link to Solute Vs Solvent Kerboodl Separation techniques
ILTRATION – Separating an insoluble solid from a quid	ILTRATION – Separating an insoluble solid from a solute. The solid or gas that dissolves in a liquid quid	Mixture Separated	

uipped ion

SUPPORT

Separation techniques

Mixtures and compounds

ure & Impure substances

Filtration - Know how to separate soluble and insoluble substances

Evaporation - Know how we evaporate safely

Separation techniques







Chromatography - Know how to separate

difference between

mixtures and spunodwoo

> Must know how melting point is

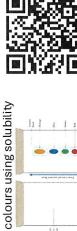
affected by

purity

250 250 280 150 160

Must know the

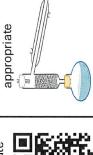












Distillation - Know when distillation is

Why in chromatography must the base line be drawn in pencil?

WHAT DO YOU THINK?

low can you easily identify a pure substance?

What is the difference between a solvent and a solute?

How would you separate a mixture of salt and sand?

How would you separate salt fron water?

	The Night Sky There are lots of thing	There are satellites (b artificial, the ISS). We	of the many stars in o We can also see the p System, comets and i	
	HEMISPHERE – Half of the Earth either from the North Pole to equator or South Pole to equator	SATELLITE – An object that circles a planet, can be natural (moon) or artificial (ISS)	SOLAR SYSTEM – The Sun and the planets and other bodies that orbit around it	TOTAL SOLAR EXCLIPSE – An eclipse where the Sun is covered by the Moon
KEYWORDS	ASTEROID – Lumps of rock orbiting the Sun left over from when the Solar System formed	AXIS – Imaginary line the Earth spins on	ELLIPSE – A squashed circle or an oval shape	GALAXY – A number of stars in a galaxy and the solar systems that surround them

ST. ANNE'S RC. VOLUNTARY ACADEMY ¢

UNIT OVERVIEW

Knowledge Understanding Science Year 7 - Space Equipped

In this unit you will learn:

e can see our sun which is one our own galaxy, the Milky Way.

planets of our own Solar

meteors.

g that we can see in the sky. both natural, the moon or The Night Sky Solar System The Earth

The Moon









Link to

Kerboodle

SUPPORT

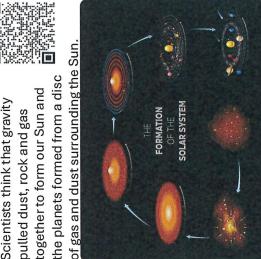
Seasons

Solar System. Our Solar System consists of 8 planets, four inner terrestrial planets made of rock, and four outer gas giants.



There is an asteroid belt between Mars pelt but contains icy objects) Pluto is now dwarf planet Kuiper Belt (like asteroid and beyond Pluto is the and Jupiter.

How the Solar System formed. the planets formed from a disc together to form our Sun and



Seasons on earth are caused by the tilt of the Earth as it orbits the Sun. Spring Autum Winter

Phases of the Moon and Eclipses The moon has throughout phases its orbit around Earth.

comes between the Sun and the Earth. comes between the Sun and the Moon Lunar eclipses happen when the Earth Solar eclipse happen when the moon



Total Solar Eclipse

Can you recite all the phases of the moon starting with a full moon?

the sky can be seen with the naked eye and which need a

WHAT DO YOU THINK?

Can you explain why the seasons occur in different months to the in the southern hemisphere northern hemisphere?

planets formed in the rocky and gaseous Solar System?

Do you know what a light year is? Can you describe how

tennis ball and torch, showing the differences in a lunar eclipse and Can you modal, with a beachball, a full moon?

Can you state which objects in telescope to be seen?



KEYWORDS

Threading a needle-Preparing your needle for sewing.

Eye of the needle-The hole which you thread your thread through.

Sewing-The process of stitching 2 pieces of fabric together by hand. Running stitch/ Blanket stitch-2

Running stitch/ Blanket stitch-2 different stitches used for hand sewing

Sewing on the spot-The techniques used to stop your work from unravelling.

Client brief-A list if instructions from the client to the designer.

Target audience-The group of people you want to buy your product.

Year 7 Knowledge Organiser-Textiles.

Blanket stitch



Running stitch



Unit Overview

Design and create a hand puppet using felt, adding additional features such as hair, clothes etc.

You will use the running stitch or blanket stitch to hand sew your work.

The puppet must be aimed at a particular target audience.



WHAT DO YOU THINK? Why is it important to interpret a client brief properly? Why would a designer NOT target a product to "anyone/everyone." Why might you use a blanket stitch over a blanket stitch? What are the steps to stop our work from unravelling?

SUPPORT	
Our Textile World-Find out why we study Textiles and what careers it could lead to.	SCAN ME
How to do the blanket stitch	SCAN ME
How to do the running stitch	SCAN ME