

Year 10 Curriculum Overview [2022-2023]

Health and Social Care

R033: Supporting individuals through life events

This unit is assessed by a Set Assignment. In this unit you will learn about growth and development through the life stages. You will also learn how to understand the needs of individuals who have been affected by life events and how to recommend support to meet their needs. Topics include:

- o Topic Area 1 Life stages
- o Topic Area 2 Impacts of life events
- o Topic Area 3 Sources of support

R034: Creative and therapeutic activities

This unit is assessed by a Set Assignment. In this unit you will research therapies and learn about how they can benefit people. You will also learn about the benefits of creative activities and you will plan and deliver a creative activity to a group or individual. Topics include:

- o Topic Area 1 Therapies and their benefits
- o Topic Area 2 Creative activities and their benefits
- o Topic Area 3 Plan a creative activity for individuals or groups in a health or social care setting
- o Topic Area 4 Deliver a creative activity and evaluate your own performance

Autumn Term	Knowledge & Understanding			Literacy Skills	Employability Skills [if any]	Assessment Opportunities
	Composites	Components [KEY concepts & subject specific vocab]	Formal Retrieval [if any]			
HT1 Supporting individuals through life events.	<ul style="list-style-type: none"> □ Life stages and key milestones of growth and development for age groups □ PIES development across the life stages 	<ul style="list-style-type: none"> ♣ 4-10 years (childhood) ♣ 11-18 years (adolescence) ♣ 19-45 years (young adulthood) ♣ 46-65 years (middle adulthood) ♣ 65+ years (older adulthood) ♣ Physical – fine and gross motor skills, mobility, characteristic body changes, sexual characteristics, puberty, menopause, ageing characteristics ♣ Intellectual – language development, sentence construction, logical thinking, problem solving, decision making, deterioration of 	Do Now tasks MCQ's Case study analysis	Tier 2 and 3 Vocabulary Correct use of subject terminology. Class discussions – oracy activities.	Ability to communicate. Adapt skills Determination and ambition to recognise and accept differences and difficulties.	Formative Assessment. Non-Exam assessment document

<p>HT2. Supporting individuals through life events</p>	<ul style="list-style-type: none"> □ Factors affecting growth and development across the life stages factors □ How the growth and development of an individual is affected by these factors. 2.1 Life events and their impacts on individuals <ul style="list-style-type: none"> □ Expected and unexpected life events □ Impacts that life events have on individuals □ Identifying individual's needs based on the impacts of life events. 	<p>mental abilities</p> <ul style="list-style-type: none"> ♣ Emotional – bonding, different attachments, independence, self-confidence, self-image, self-esteem, love, affection ♣ Social – relationships, social skills, responsibilities <ul style="list-style-type: none"> ♣ Physical factors ♣ Social factors ♣ Emotional factors ♣ Economic factors ♣ Cultural factors ♣ Environmental <ul style="list-style-type: none"> ♣ Physical events ♣ Relationship changes ♣ Life circumstances <ul style="list-style-type: none"> ♣ Physical ♣ Intellectual ♣ Emotional ♣ Social ♣ Financial 		<p>1-2-1 / face to face interview discussion</p>	<p>Interviewing techniques.</p>	<p>NEA Task 1 completion</p>
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Subject Health and Social Care

Spring Term	Knowledge & Understanding			Literacy Skills Opportunities for developing literacy skills	Employability Skills [if any]	Assessment Opportunities
	Composites	Components [KEY concepts & subject specific vocab]	Formal Retrieval [if any]			
HT1 Supporting individuals through life events	3.1 Sources of support that meet individual needs <input type="checkbox"/> Sources of support <input type="checkbox"/> The roles of practitioners in providing support <input type="checkbox"/> The roles of informal care givers in providing support <input type="checkbox"/> How practitioners meet individual needs <input type="checkbox"/> Research and recommend personalised support based on individual needs	<ul style="list-style-type: none"> ♣ formal ♣ informal ♣ charities ♣ enable/promote independence ♣ medical/mental health support ♣ care support ♣ respite care ♣ financial support ♣ advice and guidance ♣ Match support provision to specific individual needs ♣ Offer coordinated care and treatment ♣ Justify choices made ♣ Apply person-centred values 	DO Now tasks KO Independent learning Case study tasks	Tier 2 and 3 vocabulary Independent research and summarising Independent discussions	Independent knowledge building. Determination and ambition to achieve and make a difference.	Task 2A Non-Exam Assessment completion.
HT2 RO34 Creative and therapeutic activities.						

	<input type="checkbox"/> Timescales <input type="checkbox"/> Resources needed <input type="checkbox"/> Safety <input type="checkbox"/> Communication <input type="checkbox"/> Methodology to be used <input type="checkbox"/> Feedback methods Skills/personal qualities required to encourage participation <input type="checkbox"/> Skills/personal qualities required to encourage participation Deliver a creative activity with a group or individual <input type="checkbox"/> Introduce the activity <input type="checkbox"/> Supervise the activity <input type="checkbox"/> Collect feedback from participants Evaluation <input type="checkbox"/> How to evaluate your own performance What	♣ Appropriateness to individuals ♣ Demonstration ♣ Group work ♣ Individual contribution ♣ Aim(s) ♣ Content ♣ Settle the individuals so that they are prepared to carry out the activities ♣ Encourage participation ♣ Intervene when necessary ♣ Provide support ♣ Maintain safety ♣ Keep to timescales ♣ Replenish resources/materials	NEA Task competition			
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	you would do differently and why	<ul style="list-style-type: none">♣ Use feedback♣ Self-reflect♣ Review strengths and weaknesses of<ul style="list-style-type: none">o Your planningg o Your communication skillso How you encouraged participation of the individual/group♣ Suggest improvements				
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